

# We're saving energy!

## Tips to try out and pass on



[www.unternehmensnetzwerk-klimaschutz.de](http://www.unternehmensnetzwerk-klimaschutz.de)  
[www.unternehmen-integrieren-fluechtlinge.de](http://www.unternehmen-integrieren-fluechtlinge.de)

### Reduce room temperature



20 degrees is usually enough. Turn the thermostat on the radiator to a maximum of 3.

Each degree lower saves 6 percent of heating costs.



### Heat as needed

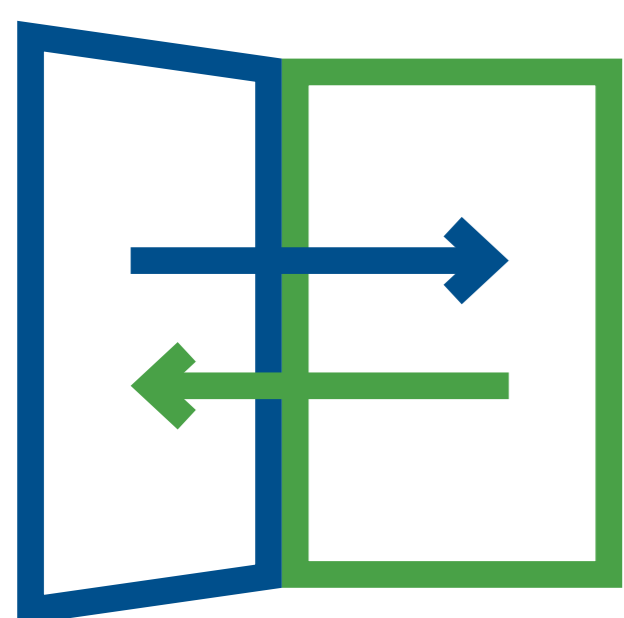


Reduce the temperature when no one is home. Smart thermostats also help with this.

By temporarily lowering the temperature, up to 8 percent of heating costs can be saved.



### Energy-saving ventilation



Ventilate three times a day for 5–10 minutes instead of cracking the window permanently.

Targeted ventilation can save you about 3 percent of heating costs.



### Wash your hands with cold water



Turn the faucet as cold as possible.

Just three degrees less water temperature saves about 10 percent of the energy costs for hot water.



### Switch off lights and other electronics

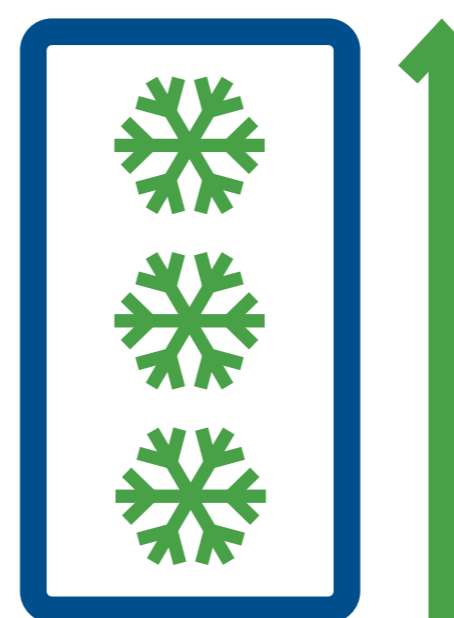


Only switch on electrical appliances when they are needed. Avoid stand-by mode.

Turning off electrical appliances completely can save you 8 percent on electricity costs.



### Set the refrigerator to 7 degrees



Turn up the temperature in the refrigerator to 7 degrees.

Most refrigerators are set too cold. Just 1 degree warmer reduces electricity consumption by 6 percent.

